

PATIENT HISTORY

DATE: \_\_\_\_\_

NAME: \_\_\_\_\_

DOB: \_\_\_\_\_

IF YOUR SYMPTOMS ARE THE RESULT OF AN INJURY, COMPLETE THE FOLLOWING:

Type of Injury: Work \_\_\_ Auto \_\_\_ Home \_\_\_ Other (Explain): \_\_\_\_\_

Date of Injury: \_\_\_\_\_ Side of Injury: L \_\_\_ R \_\_\_

How it happened: \_\_\_\_\_

Are you currently off work due to this injury? \_\_\_\_\_ If yes, as of what date? \_\_\_\_\_

HISTORY AND PRESENT ILLNESS

Date your symptoms began: \_\_\_\_\_ Describe your symptoms: \_\_\_\_\_

Is your pain (circle that apply): Sharp Dull Aching Stabbing Burning Tingling Numb

For the knee (circle that apply): Swell Lock in Position Give out

For the shoulder: 0-Unable to do 1-Very difficult to do 2-Somewhat difficult 3-Not difficult

ACTIVITY	RIGHT ARM	LEFT ARM
1. Put on a coat	0 1 2 3	0 1 2 3
2. Sleep on your side	0 1 2 3	0 1 2 3
3. Wash back/do up bra	0 1 2 3	0 1 2 3
4. Manage toileting	0 1 2 3	0 1 2 3
5. Comb hair	0 1 2 3	0 1 2 3
6. Reach a high shelf	0 1 2 3	0 1 2 3
7. Lift 10 lbs above the shoulder	0 1 2 3	0 1 2 3
8. Throw a ball overhand	0 1 2 3	0 1 2 3
9. Do usual work/list: _____	0 1 2 3	0 1 2 3
10. Do usual sport/list: _____	0 1 2 3	0 1 2 3

Severity: Rate 1 (low) to 10 (high) \_\_\_\_ Your pain is: Constant Daily Weekly Monthly Other \_\_\_\_\_

Rate your pain today (Mark the line): No pain | |\_| |\_| |\_| |\_| |\_| |\_| |\_| |\_| pain as bad as can be

What treatment have you had so far? How long/many weeks?

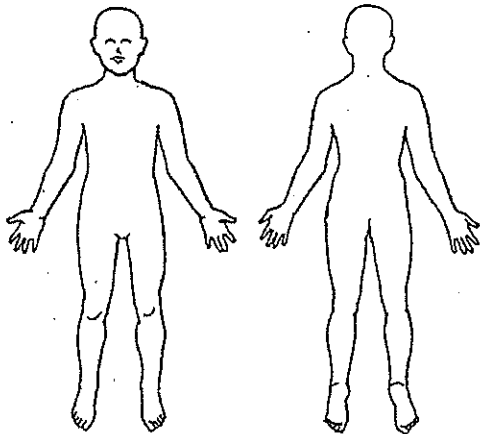
Physical Therapy: \_\_\_\_\_ Brace/Collar/Splint: \_\_\_\_\_ Testing/where: \_\_\_\_\_

Injection/Surgery: \_\_\_\_\_ Medication (type): \_\_\_\_\_

Treatment by another Doctor: \_\_\_\_\_

Please mark the areas on your body where you feel the following sensations using the symbols below:

\* Numbness • Pins/Needles x Burning / Stabbing



<p>What makes it worse?</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>What makes it better?</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>
--