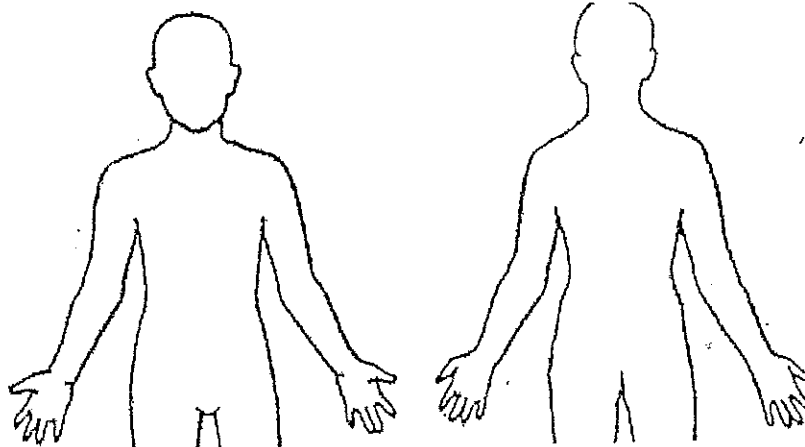


Date: \_\_\_/\_\_\_/\_\_\_

Name: \_\_\_\_\_

## Shoulder Questionnaire

Place xxx's on area of pain



**Front**

**Back**

How long has it been bothering you?

# of \_\_\_ days \_\_\_ weeks \_\_\_ months \_\_\_ years

How severe is the pain at its best and worst? (0 – no pain, 10 – most pain)

\_\_\_ best \_\_\_ worst

Have you had this problem before?

\_\_\_ yes \_\_\_ no if yes, when? \_\_\_\_\_

How did it start? (check all that apply)

\_\_\_ sports injury \_\_\_ work injury \_\_\_ overuse \_\_\_ fall \_\_\_ auto accident

\_\_\_ spontaneous (unknown)

Do you have the following? (check all that apply)

\_\_\_ nighttime pain \_\_\_ painful popping \_\_\_ coming out of joint \_\_\_ weakness

\_\_\_ swelling \_\_\_ unable to reach above shoulder \_\_\_ numbness down arm \_\_\_ stiffness

\_\_\_ neck pain \_\_\_ pain with driving

Which doctors have you seen so far? (check all that apply)

\_\_\_ ER \_\_\_ PCP \_\_\_ Work doctor \_\_\_ Another Orthopaedic Surgeon \_\_\_ Chiropractor

What treatments have you had? (check all that apply)

\_\_\_ medications \_\_\_ heat/ice \_\_\_ creams/rubs \_\_\_ physical therapy \_\_\_ injections

\_\_\_ surgery

What is your goal for the appointment today? (check all that apply)

\_\_\_ find diagnosis \_\_\_ make sure not damaging shoulder \_\_\_ fix problem \_\_\_ injection(s)

\_\_\_ schedule surgery \_\_\_ second opinion